VIA Classification of Character Strengths and Virtues

Virtue of Wisdom
- **Creativity**: Original, adaptive, ingenuity, seeing and doing things in different ways
- **Curiosity**: Interest, novelty-seeking, exploration, openness to experience
- **Judgment**: Critical thinking, thinking through all sides, not jumping to conclusions
- **Love of Learning**: Mastering new skills & topics, systematically adding to knowledge
- **Perspective**: Wisdom, providing wise counsel, taking the big picture view

Virtue of Courage
- **Bravery**: Valor, not shrinking from threat or challenge, facing fears, speaking up for what’s right
- **Perseverance**: Persistence, industry, finishing what one starts, overcoming obstacles
- **Honesty**: Authenticity, being true to oneself, sincerity without pretense, integrity
- **Zest**: Vitality, enthusiasm for life, vigor, energy, not doing things half-heartedly

Virtue of Humanity
- **Love**: Both loving and being loved, valuing close relations with others, genuine warmth
- **Kindness**: Generosity, nurturance, care, compassion, altruism, doing for others
- **Social Intelligence**: Aware of the motives and feelings of oneself and others, knows what makes others tick

Virtue of Justice
- **Teamwork**: Citizenship, social responsibility, loyalty, contributing to a group effort
- **Fairness**: Adhering to principles of justice, not allowing feelings to bias decisions about others
- **Leadership**: Organizing group activities to get things done, positively influencing others

Virtue of Temperance
- **Forgiveness**: Mercy, accepting others’ shortcomings, giving people a second chance, letting go of hurt
- **Humility**: Modesty, letting one’s accomplishments speak for themselves
- **Prudence**: Careful about one’s choices, cautious, not taking undue risks
- **Self-Regulation**: Self-control, disciplined, managing impulses, emotions, and vices

Virtue of Transcendence
- **Appreciation of Beauty & Excellence**: Awe and wonder for beauty, admiration for skill and moral greatness
- **Gratitude**: Thankful for the good, expressing thanks, feeling blessed
- **Hope**: Optimism, positive future-mindedness, expecting the best & working to achieve it
- **Humor**: Playfulness, bringing smiles to others, lighthearted – seeing the lighter side
- **Spirituality**: Connecting with the sacred, purpose, meaning, faith, religiousness